

Radiogram No. 8068u

Form 24 for 12/31/2011



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**С НОВЫМ ГОДОМ!**  
**HAPPY NEW YEAR!**

**Weekly Housekeeping.****CREW OFF-DUTY**

GMT	CREW	ACTIVITY
06:00-06:10	CDR, <b>FE-1</b> , <b>FE-2</b>	Morning Inspection
06:00-06:05	FE-5	Reaction Self Test
06:00-06:05	<b>FE-4</b>	PLAZMENNYI KRISTALL. Pressure Check
06:00-06:05	FE-6	Urine spot test
06:05-06:10	FE-5	Urine Spot Test
06:05-06:10	<b>FE-4</b>	Morning Inspection
06:05-06:10	FE-6	Reaction Self Test
06:10-06:40		Post-sleep
06:40-07:30	CDR, <b>FE-2</b> , <b>FE-4</b> , FE-5, FE-6	BREAKFAST
06:40-07:30	<b>FE-1</b>	BREAKFAST. <b>SM ПСС [Caution &amp; Warning Panel] Test</b> (after breakfast)
07:30-10:30	CDR, FE-5	Weekly Housekeeping
07:30-08:30	FE-6	Weekly Housekeeping
07:30-07:45	<b>FE-2</b>	БМП Ф2 Absorption Cartridge Regeneration (start)
07:30-10:00	<b>FE-1</b>	Weekly Housekeeping
07:30-10:30	<b>FE-4</b>	SM Ventilation Subsystem Preventive Maintenance, Group E
07:45-10:45	<b>FE-2</b>	FGB ЦБ2 Fan Cleaning
08:30-10:00	FE-6	Physical Exercise (ARED)

10:00-11:00	FE-6	Physical Exercise T 2
10:00-10:15	<b>FE-1</b>	Private Family Conference ( <i>S + Ku-band, S/G1, S/G2-- backup</i> )
10:30-10:40	FE-5	Station Support Computer (SSC) Server Fan Cleaning
10:30-12:00	<b>FE-4</b>	Physical Exercise (ARED)
10:40-10:45	CDR	CGBA Status Check
11:00-13:00	FE-6	Weekly Housekeeping
11:00-12:30	<b>FE-1</b>	Physical Exercise (TVIS), Day 3
11:00-12:00	CDR	Physical Exercise T 2
12:00-13:30	CDR	Physical Exercise (ARED)
12:00-13:00	<b>FE-2</b>	Physical Exercise (TVIS), Day 3
13:00-13:30	<b>FE-1</b>	Weekly Housekeeping Cleaning Potok Air Purification System Pre-filters in SM and FGB
13:30-14:00		Weekly Planning Conference
14:00-15:00	<b>FE-1, FE-2, FE-4, FE-5, FE-6</b>	LUNCH
14:00-14:05	CDR	ISS HAM – Comm Config in SM
14:05-14:20	CDR	ISS HAM Session
14:20-15:20	CDR	LUNCH
15:00-15:05	FE-6	PROK Diet Logging (Day 1)
15:00-15:10	FE-5	Food Frequency Questionnaire
15:00-15:15	<b>FE-4</b>	Private Family Conference ( <i>S + Ku-band, S/G1, S/G2-- backup</i> )
15:00-15:40	<b>FE-1</b>	COX Maintenance
15:05-16:50	FE-6	ICV Monitoring Start
15:10-15:15	FE-5	PROK Diet Logging (Day 2-4)
15:20-15:30	CDR	Food Frequency Questionnaire
15:20-15:30	FE-5	ICV Start Operator Assistance
15:30-16:00	CDR	Psychological Evaluation Program (WinSCAT)
15:45-15:55	FE-5	ICV Start Operator Assistance
16:30-17:30	FE-5	Physical Exercise T 2
16:30-17:30	<b>FE-4</b>	Physical Exercise (TVIS), Day 3
16:50-17:00	FE-6	ICV 10-Minute Resting Event
17:05-17:15	FE-6	Food Frequency Questionnaire
17:30-18:30	<b>FE-1</b>	Physical Exercise (VELO), Day 3
17:30-19:00	FE-5	Physical Exercise (ARED)
17:50-18:05	FE-6	Private Medical Conference
18:30-19:30	<b>FE-2</b>	Physical Exercise (VELO), Day 3
19:00-19:20	FE-5	HRF Hardware Setup for Urine Collection

19:15-19:30	CDR	Journal Entry
19:25-19:30	FE-6	ICV Battery Changeout
19:30-21:25	<b>FE-4</b> , FE-5	Pre-sleep
19:30-21:30	CDR, <b>FE-1</b>	Pre-sleep
19:30-21:20	FE-6	Pre-sleep
19:30-21:15	<b>FE-2</b>	Pre-sleep
21:15-21:30	<b>FE-2</b>	БМП Φ2 Absorption Cartridge Regeneration (termination)
21:20-21:25	FE-6	ICV Battery Changeout
21:25-21:30	FE-6	Reaction Self Test
21:25-21:30	<b>FE-4</b>	PLAZMENNYI KRISTALL. Pressure Check
21:25-21:30	FE-5	Reaction Self Test
21:30-06:00	.	SLEEP
<b>Task List</b>	<b>FE-1, FE-2, FE-4</b>	URAGAN. Observations and Photography
		SEINER Ocean Observations
		ECON. Observations and Photography
		Preparation of reports for Roskosmos site

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep ops: daily food prep, dinner, pre-sleep

**NOTE**

*We are wishing you Happy New Year, Happiness and Joy!  
 All unwed, get hitched; if at quarrel, make peace.  
 Put all the grudges behind you; if unwell, regain your health.  
 Blossom, rejuvenate. If skinny, gain some weight.  
 If too fat, slim down. Smarty pants, be humble.  
 Simple-minded, get smarter. All grey-heads, get darker.  
 May all hairless have a forest of hairs on the top of their heads!  
 May singing and dancing continue forever!  
 Happy New Year! Happy New Year! May all misfortunes disappear.  
 May Father Frost bring you a bagful of joy,  
 Another bag filled with laughter, and the third one brimming with success.  
 Pack your sorrows and your blues into his bag, Let him swiftly take it all away!  
 The clock is ticking, the days are passing – This is life!  
 Today we want to wish you Happy New Year!  
 With glasses clinking at family table or somewhere else  
 May the New Year bring you  
 Health, Happiness and centennial longevity!*



End of Radiogram